

5th Annual

Pelican Pete 5k Stampede Run or Walk

Saturday, July 15, 2017 @ 7:30AM

1 MILE KIDS RUN-12 and under-race will start at 8:30AM-medals will be given to all participants

Same day Registration from 6:30-7:00AM at Chauncey Martin Field (baseball field parking lot)

All Proceeds benefit Pelican Rapids Boys and Girls Cross Country Teams

Mail completed form and fee to: Pelican Pete 5K, c/o Amanda Guler, 20927 S. Sand Lake Rd, Pelican Rapids MN 56572~questions email aguler@pelicanrapids.k12.mn.us

Awards: There will be awards for top 3 in each age group. All preregistered participants will receive a short sleeve t-shirt. Late entries and same day registrations ARE NOT guaranteed a t-shirt the day of the race.

The age groups are :13 & under, 14-19, 20-29, 30-39, 40-49, 50-59, 60-over

Participants Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Age on Race Day: _____ Sex: _____ 5k _____ 1mile _____

Shirt Size: YM YL AS AM AL AXL

Kids 1 mile run entry fee:\$15.00

Entry Fee: \$20 before July 5---\$25 after (Make checks to ISD 548)

Waiver and Release: I know that running a road race is a potentially hazardous activity. I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely compete in the run/walk. I assume all risks associated with participation in the event including, but not limited to; falls, contact with other participants or spectators, the effects of the weather including heat or high humidity, traffic or conditions of the roads, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I myself and anyone entitled to act for my behalf, waive and release the Pelican Rapids School District, the City of Pelican Rapids and Pelican Rapids Schools, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability might arise out of negligence or carelessness on the part of the person's name in this waiver. I have read and agree to the above.

Participant's Signature: _____ Date: _____

Parents Signature (if under 18): _____ Date: _____